

FARSIGHT MOVEMENT EXERCISES

(Use a separate piece of paper for each movement exercise.)

CENTER

Move to the center of the target and describe ●

also/or (if appropriate),

Move to the center of the target activity and describe ●

ORIGINAL CAUSE

Move to the original cause of the target event and describe ●

INITIAL MOMENT

Move to the initial moment of the target event and describe ●

WALK AROUND ●

(Include deep mind probes during walk around.)