

Courtney's multiple universe project

Providencia M

04-30-2009

Time: 8:22 pm

Master bedroom

No monitors

No observers

POCA: None

POCD: discomfort in right hip from cycling

Aware of deadline

Phone ringing

SA: discomfort in right hip from cycling


Aware of deadline

Phone ringing

February's session

discomfort in right hip
from cycling
Aware of deadline
Phone ringing.
February session

Frontloading: the target is an event. Describe the event.

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A1. down, over, up
light/rough

B1. space

A2. up curve
sherdarm
over not
scratchy

B2. energy

A3. straight across
rough

B3. laid

A4. across, angled downward light
B4. natural

F2 (land)



A1 see mountains

earth tones
green
yellow
red
pointy
triangular



spaces

feet?
steps?

more command: 100 feet above
illuminate target describe



st phase trying

feeling calmer before burst of energy

3

football stadium?

Smell animal
dun -
Bulls?

81 feel coarse
hair in my
hands

foreign

F2 (space)

Containment

boxed in

top wide

narrow down

silver

gray

luminous



5c
head of
animal?

P2 (natural)

woody



wooden slats upright

Smelly

smell of moisture wet wood?

Humidity + mixed powerful movement



Water liquid

Waterfall?

Strong sense of energy overcome me

vision blurred dust?

as if I'm standing near the Niagara Falls

(never been there)

- vast

A1 landscape view impressions

fresh smell - gordions

end of seminar 8:44

5

Summary

I get a sense of lots of energetic activity. A place that is vast yet contained. Natural setting, top not covered.

end of summary

Take back set aside.

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